

MEN FOR REVIVAL

PARTICIPANT WORKBOOK

A Six-Week Journey from Foundation to Fire



BY CHUCK YOUNG

LIVE YOUR FAITH



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This workbook is intended for educational, inspirational, and informational purposes. It is not a substitute for professional legal, financial, medical, mental-health, or pastoral counseling.

Scripture references are included throughout. Participants may read the passages from the Bible translation used by their church or group.

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First Edition

Welcome to the Journey

Men For Revival exists to call men back to a life fully surrendered to Jesus Christ. This six-week workbook is designed to move you beyond reading and into transformation—to pursue Christ, practice honest brotherhood, and act on what God reveals.

Over six weeks you will build on the foundation of Christ, discover strength through surrender, clarify purpose, develop biblical brotherhood, practice servant leadership, and make a personal covenant to continue living your faith.

The goal is not perfection. The goal is surrender, obedience, brotherhood, and a life that increasingly reflects Jesus.

How to Use This Workbook

- ☐ Bring this workbook and a Bible to each meeting.
- ☐ Write honestly. Your personal responses are yours to share—or not share—as wisdom and trust allow.
- ☐ Complete one concrete action each week. Transformation grows when conviction becomes obedience.
- ☐ Choose a trusted brother for accountability. Be specific about what you need him to ask.
- ☐ After a setback, tell the truth quickly, receive grace, adjust the plan, and take the next faithful step.

The Six-Week Path

WEEK 1: Faith — Building on Jesus Christ

WEEK 2: Strength — Standing Firm Through Surrender

WEEK 3: Purpose — Walking in What God Has Prepared

WEEK 4: Brotherhood — Refusing Isolation

WEEK 5: Leadership — Following Jesus Before Leading Others

WEEK 6: The Covenant — Carrying the Fire Forward

Group Covenant

Healthy transformation requires trust. Read these commitments with your group and choose to practice them together.

- ☐ Confidentiality: I will not share another man's story outside this group without his permission, except when safety or law requires action.
- ☐ Honesty: I will speak truthfully about my own life and avoid hiding behind vague or spiritual-sounding answers.
- ☐ Respect: I will listen without interrupting, shaming, fixing, or competing.
- ☐ Participation: I will show up prepared, contribute without dominating, and make room for others.
- ☐ Accountability: I give these brothers permission to ask how I am living what I say I believe.
- ☐ Grace and truth: I will extend compassion without excusing sin, and I will speak truth without abandoning love.
- ☐ Action: I will take one concrete step of obedience each week and report back honestly.

My name: _____

Date: _____

WEEK 1

FAITH

Building on Jesus Christ

A lasting life is built by hearing the words of Jesus and putting them into practice.

Scripture

Primary passage: Matthew 7:24–27

Supporting passages: John 15:4–5; Proverbs 3:5–6; Psalm 119:105

Before the Group

What stood out to me as I read the primary passage?

What is one moment from this past week when I noticed this theme showing up in real life?

Week 1 — Core Truths

Everyone builds on something.

Storms reveal foundations.

Faith becomes visible through obedience.

Prayer and Scripture keep us attentive and responsive to God.

Read. Reflect. Respond.

What has functioned as the foundation of your life up to this point?

When pressure rises, where do you instinctively turn first—and what does that reveal?

What is the difference between knowing what Jesus said and building your life on it?

Where are you asking God for direction while resisting something He has already made clear?

What simple daily rhythm could you practice consistently for the next seven days?

Personal Response — Faith

Take a few quiet minutes. Write honestly. You do not have to read these answers aloud.

What circumstance is currently testing what I trust?

What am I trying to control because I am afraid?

What truth about God do I need to remember?

What will obedience look like within the next 24 hours?

One sentence of commitment: By God's grace, before the next meeting I will...

This Week: Put It Into Practice

Weekly Challenge

For seven days, read one short passage before checking news or social media. Pray: “Jesus, what are You showing me, and what will I do about it today?” Write one sentence of response.

What will make this action realistic in my actual schedule?

What could get in the way, and how will I respond?

Brotherhood Accountability Plan

Say it clearly to a trusted brother:

“I am learning to trust God with _____. This week I will _____. Please ask me about it on _____.”

The question my brother will ask: Ask me whether I completed my daily Scripture-and-prayer rhythm and what action I took in response.

Brother's name	
Check-in day and time	
How we will connect	
What I will do if I miss the commitment	

After a setback: Tell the truth quickly. Receive grace. Identify what failed in the plan. Adjust the structure and take the next faithful step.

WEEK 2

STRENGTH

Standing Firm Through Surrender

Biblical strength is not self-sufficiency; it is courage, endurance, and obedience supplied by Christ.

Scripture

Primary passage: 2 Corinthians 12:7–10

Supporting passages: Ephesians 6:10–18; Psalm 46:1; Isaiah 40:29–31

Before the Group

What stood out to me as I read the primary passage?

What is one moment from this past week when I noticed this theme showing up in real life?

Week 2 — Core Truths

False strength isolates.

Grace meets us in weakness.

Standing firm requires truth, prayer, and community.

Courage is obedience while fear is still speaking.

Read. Reflect. Respond.

What messages did you learn about what a “strong man” should or should not do?

Where have you tried to carry a burden alone? What has that cost you?

How can admitting weakness become an act of faith?

Which part of the armor of God feels most relevant to your current battle?

What would surrender look like in one decision, relationship, or habit this week?

Personal Response — Strength

Take a few quiet minutes. Write honestly. You do not have to read these answers aloud.

What weakness or limit am I working hardest to hide?

What has carrying it alone cost me and the people closest to me?

Who is safe enough to hear the truth?

What specific help will I request this week?

One sentence of commitment: By God's grace, before the next meeting I will...

This Week: Put It Into Practice

Weekly Challenge

Name one burden you have been carrying alone. Share it with God and one trusted brother. Ask for one specific form of prayer or accountability.

What will make this action realistic in my actual schedule?

What could get in the way, and how will I respond?

Brotherhood Accountability Plan

Say it clearly to a trusted brother:

“I have been carrying _____ alone. The effect has been _____. I need prayer and help with _____.”

The question my brother will ask: Ask me whether I shared my burden honestly and received the help, boundary, or support I need.

Brother's name	
Check-in day and time	
How we will connect	
What I will do if I miss the commitment	

After a setback: Tell the truth quickly. Receive grace. Identify what failed in the plan. Adjust the structure and take the next faithful step.

WEEK 3

PURPOSE

Walking in What God Has Prepared

Purpose is not a platform to discover; it is a faithful life to live with the gifts, relationships, and opportunities God has entrusted to us.

Scripture

Primary passage: Ephesians 2:8–10

Supporting passages: Romans 12:1–8; Colossians 3:17, 23–24; Micah 6:8

Before the Group

What stood out to me as I read the primary passage?

What is one moment from this past week when I noticed this theme showing up in real life?

Week 3 — Core Truths

Purpose begins with grace.

Calling is often close before it is large.

Gifts are given for service.

Legacy is formed through repeated faithfulness.

Read. Reflect. Respond.

When you hear the word purpose, what expectations or pressures come to mind?

What strengths, burdens, experiences, or opportunities has God placed in your life?

Who is being shaped by the way you currently live?

Where might ambition or comparison be distorting your sense of calling?

What is one good work already in front of you that you can faithfully do this week?

Personal Response — Purpose

Take a few quiet minutes. Write honestly. You do not have to read these answers aloud.

Where am I comparing my assignment with someone else's?

What person or responsibility have I overlooked because it seems ordinary?

Which gift needs practice rather than more analysis?

What faithful action will I complete before the next meeting?

One sentence of commitment: By God's grace, before the next meeting I will...

This Week: Put It Into Practice

Weekly Challenge

Complete a purpose inventory: What am I good at? What breaks my heart? Who has God placed near me? What responsibility needs my faithful attention? Choose one action from your answers.

What will make this action realistic in my actual schedule?

What could get in the way, and how will I respond?

Brotherhood Accountability Plan

Say it clearly to a trusted brother:

“I believe God may be asking me to serve _____ by using _____. My first step will be _____.”

The question my brother will ask: Ask me whether I completed the purpose step I named and what I learned by taking action.

Brother's name	
Check-in day and time	
How we will connect	
What I will do if I miss the commitment	

After a setback: Tell the truth quickly. Receive grace. Identify what failed in the plan. Adjust the structure and take the next faithful step.

WEEK 4

BROTHERHOOD

Refusing Isolation

Biblical brotherhood moves beyond proximity into truth, presence, accountability, and shared burdens.

Scripture

Primary passage: Ecclesiastes 4:9–12

Supporting passages: Proverbs 27:17; Galatians 6:1–2; James 5:16

Before the Group

What stood out to me as I read the primary passage?

What is one moment from this past week when I noticed this theme showing up in real life?

Week 4 — Core Truths

Isolation makes men easier to defeat.

Brotherhood requires being known.

Accountability is more than inspection.

Brotherhood is reciprocal—we receive support and become men who carry burdens.

Read. Reflect. Respond.

Who knows the real version of you—not only the capable version?

What usually causes you to withdraw, hide, or avoid asking for help?

What is the difference between accountability that feels controlling and accountability that produces growth?

Who can ask you hard questions without losing your trust? Why?

What would it look like to become the brother someone else needs this week?

Personal Response — Brotherhood

Take a few quiet minutes. Write honestly. You do not have to read these answers aloud.

Who knows what is actually happening in my life?

What am I hoping someone will notice instead of choosing to share?

What question do I need a brother to ask me regularly?

How will I show up for another man this week?

One sentence of commitment: By God's grace, before the next meeting I will...

This Week: Put It Into Practice

Weekly Challenge

Initiate one honest conversation with a trusted brother. Share one real struggle, ask one direct question, and schedule the next check-in before the conversation ends.

What will make this action realistic in my actual schedule?

What could get in the way, and how will I respond?

Brotherhood Accountability Plan

Say it clearly to a trusted brother:

“I do not need you to fix this, but I do need you to know. The truth is _____. Will you ask me about it every _____?”

The question my brother will ask: Ask me the direct question we agreed on, listen to the real answer, and help me choose the next faithful step.

Brother's name	
Check-in day and time	
How we will connect	
What I will do if I miss the commitment	

After a setback: Tell the truth quickly. Receive grace. Identify what failed in the plan. Adjust the structure and take the next faithful step.

WEEK 5

LEADERSHIP

Following Jesus Before Leading Others

Jesus-shaped leadership uses influence to serve, protect, develop, and love others—not to control them.

Scripture

Primary passage: Mark 10:42–45

Supporting passages: John 13:1–17; Ephesians 5:21, 25; Philippians 2:3–8

Before the Group

What stood out to me as I read the primary passage?

What is one moment from this past week when I noticed this theme showing up in real life?

Week 5 — Core Truths

Leadership begins with followership.

Influence is stewardship.

Service is not weakness.

The home reveals the leader.

Read. Reflect. Respond.

Who is currently being influenced by your choices, reactions, and priorities?

When under pressure, do you lean more toward control, withdrawal, anger, or people-pleasing?

What does Jesus reveal about the relationship between authority and service?

Where is your private leadership inconsistent with the man others see publicly?

What conversation, apology, act of service, or boundary would reflect Jesus this week?

Personal Response — Leadership

Take a few quiet minutes. Write honestly. You do not have to read these answers aloud.

Where does my private life weaken my public influence?

Whose feedback have I resisted because it made me uncomfortable?

What apology, boundary, or act of service is needed?

What practice will make me more present this week?

One sentence of commitment: By God's grace, before the next meeting I will...

This Week: Put It Into Practice

Weekly Challenge

Ask someone you lead or influence, “What is one thing I can do this week that would help you feel supported?” Listen without defending yourself, then follow through.

What will make this action realistic in my actual schedule?

What could get in the way, and how will I respond?

Brotherhood Accountability Plan

Say it clearly to a trusted brother:

“I realize my actions have affected you by _____. I was wrong to _____. I will begin repairing this by _____.”

The question my brother will ask: Ask me what feedback I received, how I responded, and whether my follow-through matched my promise.

Brother's name	
Check-in day and time	
How we will connect	
What I will do if I miss the commitment	

After a setback: Tell the truth quickly. Receive grace. Identify what failed in the plan. Adjust the structure and take the next faithful step.

WEEK 6

THE COVENANT

Carrying the Fire Forward

The six-week journey ends with a decision to keep pursuing Christ through specific practices, relationships, and acts of obedience.

Scripture

Primary passage: Romans 12:1–2

Supporting passages: Philippians 1:6; Hebrews 12:1–3; Joshua 24:15

Before the Group

What stood out to me as I read the primary passage?

What is one moment from this past week when I noticed this theme showing up in real life?

Week 6 — Core Truths

Transformation is ongoing.

Surrender becomes a pattern.

Commitment needs structure.

The fire is carried outward.

Read. Reflect. Respond.

What has God revealed about your faith, strength, purpose, brotherhood, or leadership?

Where have you seen even a small sign of change?

What remains unfinished or resistant in you?

Which practice and which relationship must continue after tonight?

Who is God calling you to encourage, serve, or disciple next?

Personal Response — The Covenant

Take a few quiet minutes. Write honestly. You do not have to read these answers aloud.

What change from these six weeks do I want to protect?

What unfinished area requires continued surrender?

Who has permission to challenge and encourage me?

What will I place on my calendar before leaving tonight?

One sentence of commitment: By God's grace, before the next meeting I will...

This Week: Put It Into Practice

Weekly Challenge

Complete a 30-day continuation plan: one daily practice, one weekly act of leadership or service, one brotherhood check-in, and one date to review progress.

What will make this action realistic in my actual schedule?

What could get in the way, and how will I respond?

Brotherhood Accountability Plan

Say it clearly to a trusted brother:

“For the next 30 days, I will practice _____ daily, complete _____ weekly, and check in with _____ every _____.”

The question my brother will ask: Ask me about my daily practice, weekly leadership action, brotherhood contact, and 30-day review date.

Brother's name	
Check-in day and time	
How we will connect	
What I will do if I miss the commitment	

After a setback: Tell the truth quickly. Receive grace. Identify what failed in the plan. Adjust the structure and take the next faithful step.

Six-Week Review

Before you move into the covenant and 30-day continuation plan, look back honestly. Celebrate grace without pretending the work is finished.

What has God revealed about my faith?

Where have I discovered strength through surrender?

What has become clearer about my purpose?

How has my understanding of brotherhood changed?

Where is Jesus reshaping the way I lead?

What unfinished area still needs surrender?

Thirty-Day Continuation Plan

The goal was never simply to complete six weeks. Turn conviction into a repeatable rhythm.

Daily practice — What will I do, when will I do it, and what will help me begin?

Weekly leadership or service — Who will I serve, encourage, repair with, or lead intentionally?

Brotherhood check-in — Who will contact me, how often, and what question will he ask?

Area of surrender — What am I releasing to God, and what act of obedience will demonstrate surrender?

Review date — When will I look back, tell the truth about progress, and adjust the plan?

The Men For Revival Covenant

A Declaration of Surrender

A covenant is more than an emotional response or a temporary decision made in a powerful moment. Through Jesus Christ, believers receive the new covenant of grace, forgiveness, restoration, and relationship with God.

The Men For Revival Covenant does not replace the gospel, baptism, church membership, marriage vows, or any biblical covenant. It is a personal declaration of intent: a marker that says, “By God’s grace, I choose to pursue Christ and live what I believe.”

Signing does not mean you have achieved perfection. It means you are choosing surrender. When you fall, return to Christ. When you struggle, seek God and trusted brothers. When you are tested, stand on the foundation that cannot be shaken: Jesus Christ.

Read slowly. Pray honestly. Sign freely—never from pressure or comparison.

The Men For Revival Commitment

Today, I commit myself first and foremost to Jesus Christ. I recognize that He is the foundation upon which my life must be built. My identity, strength, purpose, relationships, and leadership must flow from Him. I surrender my plans, fears, weaknesses, and future into His hands. I choose to live my faith, not simply speak about it.

☐ I Commit to Living a Life of Faith

I will seek God daily through prayer and Scripture. I will trust Him in uncertainty, choose faith over fear, and allow His Word to guide my decisions. I recognize that faith is not merely something I claim; it is something I practice through obedience.

☐ I Commit to Finding My Strength in Christ

I will reject the lie that strength requires pretending I have no weakness or carrying every burden alone. I will surrender my weakness to God, seek help when needed, stand firm in trials, and choose courage over fear and obedience over comfort.

☐ I Commit to Walking in God's Purpose

I believe God created me intentionally. I will seek His will above selfish ambition, use my gifts to serve others, honor Him in ordinary responsibilities, and build a legacy that points people toward Jesus Christ.

☐ I Commit to Biblical Brotherhood

I will not walk alone. I will seek brothers who sharpen, encourage, challenge, and hold me accountable. I will answer the call, show up in the battle, speak truth with love, protect trust, and carry burdens. I will become the brother someone else needs.

☐ I Commit to Leading Like Jesus

I will follow Christ before attempting to lead others. I will use influence with humility, courage, sacrifice, truth, and love. I will honor God in my home and lead through presence and example. If married, I will love my wife sacrificially. I will seek repair when I fail and refuse to use leadership as permission to control or harm.

My Declaration

Today, I choose surrender over comfort, obedience over passivity, purpose over distraction, brotherhood over isolation, and Christ above all else. I recognize that revival does not begin with a crowd. It begins with one surrendered heart, then another, then another.

Lord, start with me. Change me. Refine me. Strengthen me. Send me. May my life testify to Your goodness. May the people closest to me experience Your love through me. May my brothers find encouragement and truth through me. May the next generation see a man who did not simply talk about faith, but lived it. The fire You place within me is not meant to be contained; it is meant to be carried.

I sign this not as a declaration of perfection, but as a commitment to pursue Christ daily by the grace of God.

Name: _____

Date of Commitment: _____

Signature: _____

Accountability Brother: _____

Thirty-Day Review Date: _____

A Personal Reminder

When you return to this page, remember why you responded. The check marks and signature do not represent perfection. They represent a willingness to surrender, grow, and continue pursuing Christ daily.

There will be days when your faith is tested and days when your commitment feels distant. On those days, return to Jesus. Tell the truth to a trusted brother. Take the next faithful step. Do not confuse a setback with the end of the journey.

The journey continues. The fire continues. Carry the fire forward. Live your faith.

The mission continues: One man. One family. One church. One community. One generation at a time.

Notes